



Upcoming Events

October

- 19/20** Early Dismissal for Parent-Teacher Interviews
- 22** NID - no school
- 26** Grade 6 Immunizations
- 28** Picture Retake Day

November

- 10** Remembrance Day Assembly
- 11** Remembrance Day Stat
- 12** Non-instructional Day

- [Middle School Code of Conduct](#)

WELCOME TO THE WEEK OF: October 18-22

Mon 18	Grade 8 leadership in MPR 11:45am
Tues 19	Gr 8 Island Sexual Health Presentations Early Dismissal 2:08 for Parent Teacher Interviews
Wed 20	Gr 8 Island Sexual Health Presentations Early Dismissal 2:08 for Parent Teacher Interviews
Thurs 21	Gr 8 Island Sexual Health Presentations Choir Practice in Bandroom at 11:45am
Fri 22	Non-instructional day - No School in session

From the Admin Team

Athletics Wear - Last chance to order ROMS athletic wear! Looking for a ROMS hoodie, t-shirt or sweatpants? They make great Christmas presents! **ORDER HERE: [ROMS Athletic](#) (Deadline is Oct 17th).**

Parent Teacher Interviews - Mark your calendar, these are coming up on Oct 19th and 20th. Teachers will be communicating with you to share their process for signing up for a meeting. We will be **dismissing students early** (2:08pm) on both days in order to facilitate these conferences.

Social Media - Just a reminder to parents to monitor your child's activity on TikTok, Instagram etc. We have had some good conversations with students this week about what to do when you see inappropriate/unkind/unsafe posts on social media. Some of the strategies that our students shared were: block the person, tell a trusted adult, and don't make it worse by passing it on to friends. Here's an [interesting article](#) that looks at ways to support the healthy use of social media in teens and gives some good strategies for opening up conversation with your child.

Masks - Our students are doing an amazing job of wearing their masks at school. You can help make it easy for them to mask up by ensuring your child has a stash of extra masks in their backpack for school so that if one gets dirty, lands in a puddle outside, gets sweaty in gym class or the sides break (yes, all of these things happen every day!) students will have extras available.

Have a great week,

Karen and Sara

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