



Tuesday, June 4, 2019

Morning Radio News @ 9:05 am

France Trip 2021 Meeting is cancelled today. The meeting will resume next Tuesday.

Grade 8 Farewell: All Grade 8 students are invited to attend the Grade 8 Farewell on Monday, June 24th at 6:00 pm. This is a fun, casual event. Starting this week tickets will be on sale Fridays only during outside activity time. Tickets are \$15. Check out the posters throughout the school.

Girls Group: Girls in rotation 1 will meet at Advisory at the Green Conference today. We'll celebrate everyone's birthday by decorating your own cup cake. See you there!

From the Learning Commons - now that we are into June, Ms. Lindsay advises that NOW would be a great time to start looking at home for library books. Look under your bed, in your closet, on your own bookshelves! Thanks in advance from Ms. Lindsay and Ms. Gaudet.

Canteen Tuesday: On sale at first recess today will be pizza bread, cookies & iced tea.

Popcorn: On sale tomorrow at morning recess at the canteen. \$1.50 per bag.

ROMS SPORTS:

Amazing Race ROMS:

The Amazing Race is coming to Royal Oak and the first of two sign up days is today at SECOND recess. The sign up table will be outside today at SECOND recess, just outside the PE hallway and MPR. Teams must register in teams of 4 players, have a team name, and create a team uniform. The first day of competition is this Friday, June 7th.

Gr 6/7 Intra murals: Grade 6/7 badminton intramurals has been postponed until next week.

Gr 8 Intra Murals:

Reminder to grade 8's that this week's intra-murals is ball hockey in the gym.

Track and Field:

Track and Field City Finals are tomorrow! It will be a full day event at the UVIC stadium. There is a mandatory meeting today in the Gym at SECOND RECESS for all Track and Field RELAY TEAMS who are registered to compete tomorrow. Go Eagles!

Triple Jump:

Attention Jordyn, Elly, Joss, Marin, Allie, Massimo, Avi, and Noah...please meet Ms. Wheatley at the Pit at Lunch Recess today to practice for tomorrow's City Championships.

ROMS PARENT REVIEW:

Good Grief – Supporting adults who are supporting youth in grief

When loss and change hit home, it can be an overwhelming time for the whole family. People grieve differently, and, for youth especially, grieving is a unique experience different from children or adults. This 1.5 hour workshop is for parents, grandparents, neighbours, friends and others who would like to learn more about how to support youth through grief.

Friends of Living and Learning Through Loss will offer an educational space to review conceptual and practical tools to facilitate healthy conversations and strategies for healing with youth at no cost to attendees.

Topics will include: grief and mourning in youth, various types of loss (tangible, intangible), life areas impacted by grief, coping strategies and support tools, and an overview of the programs and resources that *Friends of Living and Learning Through Loss* offers.

This special 90 minute workshop will be held on Wednesday, June 5th from 7:00pm - 8:30pm in the Learning Commons at Royal Oak Middle School. Please register at:

<https://www.eventbrite.ca/e/good-grief-supporting-adults-supporting-youth-in-grief-and-loss-tickets-61595555966>

We look forward to seeing you!

Homework Club: Extra academic support is available to students through the homework club. This is a drop in service that will be held on Monday, Wednesday, Thursday & Friday mornings from 8-9 am in the Learning Commons, and Tuesday afternoon in Room 215 from 3:10-4:10 pm.

A reminder to parents to contact the ROMS Safe Arrival Line at 250-479-0999 or email royaloak_attendance@saanichschools.ca if your child will be absent or late.

ROMS PAC NEWS

Grade 8 Farewell:

The Grade 8 farewell event will be an evening full of fun, food and friends. It is a celebration of all the memorable times the Grade 8's have shared at Royal Oak. We wish them success as they head to high school.

What: A Black and White Farewell (Casual Event for Students)

When: – Monday, June 24th at 6:00 pm Open to all Grade 8 students (please note: dress will be summer casual - any colour welcome).

Cost: \$15. Tickets will be on sale every Friday in June, during lunch activity time. Students can buy their ticket starting this week!

Parent Sign up: In order for the Grade 8 Farewell Event to be successful we are asking Grade 8 parents for help by donating a few hours of their time; Please sign up for a time slot through Sign Up Genius using the following link: <https://www.signupgenius.com/go/30E0C4BADAE2DAAF49-volunteer1>

Please spread the word about this event to grade 8 parents who might not subscribe to the daily ROMS announcements and encourage them to volunteer to assist (and sign up for the daily announcements forum to stay informed).

If you are having trouble signing up through Sign Up Genius, please email Colleen McNamee directly at: mwesty@shaw.ca and she would be happy to sign you up.

Your Grade 8 Farewell Team