



Monday, June 3, 2019

Morning Radio News @ 9:05 am

Amazing Race ROMS: The Amazing Race is coming to Royal Oak! Sign up will be tomorrow and Wednesday at SECOND recess just outside the PE hallway. Competition starts this Friday and to enter you need to be a team of 4 people, have a creative name, and have a uniform for Friday. There will be three days of competition at lunchtime throughout the coming weeks and prizes will be awarded for the winning team. Further details will be announced later this week.

Grade 8 Farewell: All Grade 8 students are invited to attend the Grade 8 Farewell on Monday, June 24th at 6:00 pm. This is a fun, casual event. Starting this week tickets will be on sale Fridays only during outside activity time. Tickets are \$15. Check out the posters throughout the school.

Juvenile Diabetes Fund raiser:

Donate a toonie to the Juvenile Diabetes Research Foundation to purchase a paper shoe. The hallway with the most paper shoes will be entered into a draw. All the people who donated a shoe in the winning hallway will be entered into a contest for a sole winner of \$60 in movie gift cards. On sale at lunch recess outside the Canteen. Fund raiser on all of this week!

Popcorn: On sale today at morning recess at the canteen. \$1.50 per bag.

Canteen Tuesday: On sale at first recess tomorrow will be pizza bread, cookies & iced tea.

ROMS SPORTS:

Gr 8 Intra Murals:

Reminder to grade 8's that this week's intra-murals is ball hockey in the gym.

Track and Field:

The track and field city finals are on Wednesday. This is an all-day event and all attending students must have their permission forms to Mr. Menzies by Tuesday afternoon. There is a mandatory meeting for all participating students today in the gym at SECOND recess.

ROMS PARENT REVIEW:

Good Grief – Supporting adults who are supporting youth in grief

When loss and change hit home, it can be an overwhelming time for the whole family. People grieve differently, and, for youth especially, grieving is a unique experience different from children or adults. This 1.5 hour workshop is for parents, grandparents, neighbours, friends and others who would like to learn more about how to support youth through grief.

Friends of Living and Learning Through Loss will offer an educational space to review conceptual and practical tools to facilitate healthy conversations and strategies for healing with youth at no cost to attendees.

Topics will include: grief and mourning in youth, various types of loss (tangible, intangible), life areas impacted by grief, coping strategies and support tools, and an overview of the programs and resources that *Friends of Living and Learning Through Loss* offers.

This special 90 minute workshop will be held on Wednesday, June 5th from 7:00pm - 8:30pm in the Learning Commons at Royal Oak Middle School. Please register at:

<https://www.eventbrite.ca/e/good-grief-supporting-adults-supporting-youth-in-grief-and-loss-tickets-61595555966>

We look forward to seeing you!

Homework Club: Extra academic support is available to students through the homework club. This is a drop in service that will be held on Monday, Wednesday, Thursday & Friday mornings from 8-9 am in the Learning Commons, and Tuesday afternoon in Room 215 from 3:10-4:10 pm.

A reminder to parents to contact the ROMS Safe Arrival Line at 250-479-0999 or email royaloak_attendance@saanichschools.ca if your child will be absent or late.

ROMS PAC NEWS

Grade 8 Farewell:

The Grade 8 farewell event will be an evening full of fun, food and friends. It is a celebration of all the memorable times the Grade 8's have shared at Royal Oak. We wish them success as they head to high school.

What: A Black and White Farewell (Casual Event for Students)

When: – Monday, June 24th at 6:00 pm Open to all Grade 8 students (please note: dress will be summer casual - any colour welcome).

Cost: \$15. Tickets will be on sale every Friday in June, during lunch activity time. Students can buy their ticket starting this week!

Parent Sign up: In order for the Grade 8 Farewell Event to be successful we are asking Grade 8 parents for help by donating a few hours of their time; Please sign up for a time slot through Sign Up Genius using the following link: <https://www.signupgenius.com/go/30E0C4BADAE2DAAF49-volunteer1>

Please spread the word about this event to grade 8 parents who might not subscribe to the daily ROMS announcements and encourage them to volunteer to assist (and sign up for the daily announcements forum to stay informed).

If you are having trouble signing up through Sign Up Genius, please email Colleen McNamee directly at: mcwesty@shaw.ca and she would be happy to sign you up.

Your Grade 8 Farewell Team