



Thursday, May 30, 2019

Morning Radio News @ 9:05 am

Jazz Band: There will be a jazz band rehearsal today at 1:16pm

Boys Group: A reminder that Boys' Group meet today at the Beginning of Advisory in the Blue Conference Room.

Diabetes Facts:

Donate a toonie to the Juvenile Diabetes Research Foundation to purchase a paper shoe. The hallway with the most paper shoes will be entered into a draw. All the people who donated a shoe in the winning hallway will be entered into a contest for a sole winner of \$60 in movie gift cards. On sale at lunch recess outside the Canteen.

Drawing Club:

Our regular Thursday Drawing club will be moved to tomorrow Friday May 31st. See you then from Ms. Kardash

Ms. Espedido's Block 1 **drama Class** -

Please go to Room 124 - Ms. Fuller's classroom for Block 1 today!!!

Drama Club:

A reminder to the small group drama club that we are meeting on Friday at 116 to get ready for our presentation at UVIC. Improv team will meet next week.

Gaga Ball Courts: On the courts today will be Grade 6's, tomorrow will be grade 7's.

Mountain Bike Club: There is an important meeting for all Mountain Bike Club members today at first recess in the Art Room.

Paper Recycling Today:

Just a reminder that it is paper recycling day today. Please make sure that you send a student down with your recycling to the bins at the beginning of Advisory.

Canteen Thursday: On sale at first recess today - mac & cheese, cookies & ice tea.

Pizza Day tomorrow - \$2.50 per slice

ROMS SPORTS:

Track and Field:

Track and Field qualifying results will be posted in the gym later today. All students who participated in track and field are asked to come to the gym at SECOND recess today to view which events they have officially qualified for. A reminder that the City Finals are next Wednesday, June 5th and this is an all-day event. **You must have your permission forms in to participate.**

ROMS PARENT REVIEW:

Good Grief – Supporting adults who are supporting youth in grief

When loss and change hit home, it can be an overwhelming time for the whole family. People grieve differently, and, for youth especially, grieving is a unique experience different from children or adults. This 1.5 hour workshop is for parents, grandparents, neighbours, friends and others who would like to learn more about how to support youth through grief.

Friends of Living and Learning Through Loss will offer an educational space to review conceptual and practical tools to facilitate healthy conversations and strategies for healing with youth at no cost to attendees.

Topics will include: grief and mourning in youth, various types of loss (tangible, intangible), life areas impacted by grief, coping strategies and support tools, and an overview of the programs and resources that *Friends of Living and Learning Through Loss* offers.

This special 90 minute workshop will be held on Wednesday, June 5th from 7:00pm - 8:30pm in the Learning Commons at Royal Oak Middle School. Please register at:

<https://www.eventbrite.ca/e/good-grief-supporting-adults-supporting-youth-in-grief-and-loss-tickets-61595555966>

We look forward to seeing you!

Homework Club: Extra academic support is available to students through the homework club. This is a drop in service that will be held on Monday, Wednesday, Thursday & Friday mornings from 8-9 am in the Learning Commons, and Tuesday afternoon in Room 215 from 3:10-4:10 pm.

A reminder to parents to contact the ROMS Safe Arrival Line at 250-479-0999 or email royaloak_attendance@saanichschools.ca if your child will be absent or late.

ROMS PAC NEWS