



Monday, May 13, 2019

Morning Radio News @ 9:05 am

Band sectionals:

All grade 6, 7 and 8 saxophone players have sectionals at 1pm on Tuesday.

Choir:

There will be a choir rehearsal today, Monday, at 1:16 in the band room.

Drama Club with Improv Games: Any students interested in joining drama club to be on an improv team and play improv games come to the drama room to meet Ms Noel and Phil today at 1:16. It will be a lot of fun!

Conversations Club:

There will be no Conversations Club today as Ms. Menzies is away. See you next time!

Ga Ga Ball Courts: On the courts today will be the grade 8's, tomorrow will be the grade 7's.

We are Silent:

Stay tuned for the 'We are Silent' campaign on May 22nd. By participating in this campaign, you will raise awareness and support children in the world who are forced into child labour or the military and have no voice.

Popcorn: On sale at morning recess today at the canteen. \$1.50 per bag.

Canteen Tuesday: On sale at first recess tomorrow will be pizza bread, cookies & iced tea.

ROMS SPORTS:

Athletic Leadership:

Athletic Leadership members are reminded of their duties this week.

Girls Field hockey:

There is an important meeting for all field hockey players TODAY - Monday at First Recess in Ms. Fuller's room- 124 on the Green Floor. Make sure you are there!

Gr 8 Intra Murals:

The grade 8 and staff championship badminton match is this Wednesday at lunch. Come cheer on your floor winners and play exhibition matches on the open courts.

Rugby:

Grade 6/7 boys rugby please meet Mr. Reston in the wood shop at first recess today for a very important meeting.

Girls Rugby: Girls rugby practice is canceled today. Please hand in your forms to Ms. Adams at her office before the jamboree on Wednesday.

Track & Field:

Congratulations to all students and staff who participated in the first track and field meet of the year last Thursday. Track and Field meet #2 is today after school at UVIC. All participating students are required to come to a mandatory meeting today at SECOND recess in the gym to discuss and confirm details.

Triple jump:

Attention all athletes who are participating in Triple Jump today after school at UVic. There will be a practice at Lunch Recess today. Please meet Ms. Wheatley at the pit.

ROMS PARENT REVIEW:

Good Grief – Supporting adults who are supporting youth in grief

When loss and change hit home, it can be an overwhelming time for the whole family. People grieve differently, and, for youth especially, grieving is a unique experience different from children or adults. This 1.5 hour workshop is for parents, grandparents, neighbours, friends and others who would like to learn more about how to support youth through grief.

Friends of Living and Learning Through Loss will offer an educational space to review conceptual and practical tools to facilitate healthy conversations and strategies for healing with youth at no cost to attendees.

Topics will include: grief and mourning in youth, various types of loss (tangible, intangible), life areas impacted by grief, coping strategies and support tools, and an overview of the programs and resources that *Friends of Living and Learning Through Loss* offers.

This special 90 minute workshop will be held on Wednesday, June 5th from 7:00pm - 8:30pm in the Learning Commons at Royal Oak Middle School. Please register at:

<https://www.eventbrite.ca/e/good-grief-supporting-adults-supporting-youth-in-grief-and-loss-tickets-61595555966>

We look forward to seeing you!

Important Dates to Remember:

Grade 6 Immunizations - Tuesday, May 14th

Stat Holiday – Monday May 20th

Early Dismissal - @ 2:08 pm on Thursday, May 23rd

2019-20 Registration is ongoing for new registrations coming from Out of District, Out of Catchment, Private Schools or Out of Province. Registration packages are available on-line or at the School Office.

Please note that we will **not** be hosting an Open House this year (previously held in February). An information evening will be held later in May for all **confirmed** incoming Grade 5 students including new (grade 6/7/8) registrations coming from Out of District, Out of Catchment, Private Schools or Out of Province.

Returning ROMS students do not have to complete a registration form. Grade 8 students transitioning to Claremont for Grade 9 in September do not have to complete a registration form for Claremont.

Homework Club: Extra academic support is available to students through the homework club. This is a drop in service that will be held on Monday, Wednesday, Thursday & Friday mornings from 8-9 am in the Learning Commons, and Tuesday afternoon in Room 215 from 3:10-4:10 pm.

A reminder to parents to contact the ROMS Safe Arrival Line at 250-479-0999 or email royaloak_attendance@saanichschools.ca if your child will be absent or late.

ROMS PAC NEWS

Hello Royal Oak Families,

To recognize all the work the teachers, administrators and support staff at our awesome school, the PAC is planning a Staff Appreciation Luncheon on **Thursday, May 30th, 2019!** We invite parents and guardians to say “Thank You for a great year” by contributing food and/or volunteering with the items/duties listed on the perfect potluck site.

For more information and to volunteer or sign up to bring food please click on the link below:

<https://perfectpotluck.com/meals.php?t=XKEJ3280>

Also on the day of May 30th, if each student can bring one or more flowers from their garden or purchase from the store so we can make beautiful flower arrangements for the table it would be greatly appreciated.

Thank you Royal Oak families for all your support.