



Monday, May 29, 2017

Morning Radio News @ 9:05 am

Scottish dance club **today** at 1:16 in the Drama Room. All interested people are welcome; no previous dance experience required. Come and flex your inner Celt on Mondays.

Games Club: The Games Club will be meeting in Room 125 at 1:16 pm.

Conversation and Activities Club: Please join us for Conversations Club today in room 227. Meet new friends, learn about other cultures, and practice your English. All Royal Oak students are welcome to join us. Please see Ms. Beristain in room 219 for more information.

ROMS SPORTS:

Track & Field:

This week's track and field practice schedule has been posted on the ROMS Athletics web page. Team practice as will be Tuesday and Wednesday mornings, and there is the fourth and final track meet Wednesday after school up at UVIC for students participating in all relays and triple jump. Results from track meets number 1-3 have now been posted on lowerislandschoolsports.ca. Please review to see if you qualified for the City Finals and let Mr. Menzies know ASAP if you notice any errors. The City Finals for qualifying students is all day on June 7th up at UVIC.

Beach Volleyball: Beach volleyball practice today after school today and Wednesday on the back field.

ROMS TV Announcements

Good afternoon Royal Oak! Here are the News stories you have been waiting for. Today is **Monday, May 29th**, 2017 and here is what is happening at 751 Travino Lane.

Did you know that lobsters blood is colorless but when exposed to oxygen it turns blue? Lobsters have **blue** blood due to the presence of hemocyanin ("-hemo" of blood + "-cyan" + "-in") which contains **copper**. In contrast, vertebrates and many other animals have **red** blood from iron-rich hemoglobin.

Did you also know if you add up all the numbers from 1 to 100 consecutively (1 + 2 + 3...) it totals 5050?

Answer: hazardous, horrendous, stupendous and tremendous

Riddle: What weighs more - a kilogram of iron or a kilogram of feathers?

Answer: Both would weigh the same - a kilogram remains a kilogram, regardless of the object!

Fact: dragonflies have 6 legs but can't walk.

1) **Today's weather:** Sunny all day today. It's currently 14 degrees out there with a 10% chance of rain. This afternoon it's expected to reach 22 degrees with a 10% chance of rain.

2) **Did you know** there are only 4 words in the English language which end in 'dous', can you figure out which words they are?

3) There are a lot of school events starting up. Be sure to listen to the morning announcements to see where you might get involved in your school.

4) Keep up your recycling. Recycling reduces the amount of garbage we send to our landfill.

5) Pizza day and chocolate milk is this Friday. You have to love pizza!!

That concludes our TV news cast! Please join us tomorrow for further breaking news stories here on 751 News!

Thanks for making ROMS TV your #1 station! If it is happening, it is happening here on 751 TV

ROMS PARENT REVIEW:

Homestay Families Wanted In Saanich. See our main web page or email: homestayinfo@sd63.bc.ca

On behalf of the Saanich Peninsula's Local Action Team for Child and Youth Mental Health and Substance Use, we are pleased to welcome Dr. Martin Brokenleg to the Saanich community. Based on traditional Indigenous practices, Dr. Brokenleg demonstrates how to raise happy, secure, capable, and giving individuals. This free workshop is designed for educators, support staff, parents, and community to live with purpose and to model these teachings, which reflect the BC Ministry of Education's Core Competencies. More information on Dr. Brokenleg and the evening's presentation is attached. Registration link is below.

Social and Emotional Learning

presented by Dr. Martin Brokenleg

June 8, 2017, 7:00-8:30pm

Claremont Ridge Theatre

Registration:

<https://drmartinbrokenleg.eventbrite.com>

Field trips: A reminder to parents that the school is busy with field trips at this time of year. If your child has an Epi Pen - please make sure that you send it with your child on the field trip.

PAC REVIEW:

Silent Auction at the Beach House: To Lochside Alumni and all other parents, teachers and staff. You are invited to attend a special evening that is being put on by the Lochside Parent Council. It is being held **Friday June 2nd** at the Beach House restaurant on Cordova Bay Road. Tickets are \$30 each and include a night of appetizers, cash bar, dancing and a silent auction. All the proceeds of the night will go to help purchase an electronic sign for the school. If you would like to attend please email Lynn Hood at lynnmhood@hotmail.com or call at 778-350-4661 to buy tickets. Hope to see many familiar and new faces at this event.

Grade 8 Families

Grade 8 Farewell:

Volunteer Sign Up:

<http://www.signupgenius.com/go/30E0C4BADAE2DAAF49-volunteer>

Planning for the Grade 8 Farewell is well underway. As many of you know, the event is on **June 26** from 6-9 and the theme for the event is Sunset Beach Party.

Tickets for the event are \$10 and will be on sale every **Thursday** and **Friday** at lunch recess from **May 25 - June 9**.

Please send baby photos of their kids at the "beach" to melanie.posthuma@ebuy.com so that we can put together a video to run at the event.

Re: Student Absences or Late

If you know your child will be late or absent please remember to let the school and teachers know ASAP via: email: romssafearrival@sd63.bc.ca or call: 250-479-0999 (24 hours per day).

All students who arrive late for school (last late bell rings at 9:04 am) must check in with the office.

Remember to visit our school website for current information royalok.sd63.bc.ca