



Thursday, February 23, 2017

Morning Radio News @ 9:05 am

Non Instructional Day Tomorrow: Just a reminder that tomorrow Friday, February 24th is a Non-Instructional Day and classes are not in session. Enjoy your three day weekend,

Band Sectionals:

There is a Trumpet Sectional today at 12:47. Please bring your lunch.

Pro G: All Pro G participants, please meet with Ms. Broome at first recess at the green conference.

Mr. Bergeron's Block 4 PE Class please meet in Mrs. Smyth's classroom 231 today.

Chess:

Chess Club canceled today. Please join us next week.

A friendly reminder to **Chill Zone** members to meet same place and same time today.

Eagles Club: Eagles club meets today during block 3 and advisory in the green conference room. Bring your lunch. See Ms. Noel if you have any questions.

Pizza Day tomorrow - \$2.50 per slice

Canteen today: On sale at recess -chocolate chip cookies, smoothies and burritos. C

Pizza & Pellegrinos Today:

Today is Pizza & Pellegrino day at Royal Oak! Pizza slices \$2.50 and Pellegrino cans for \$2.

Found: Prescription glasses in a case. Please claim at the office.

Found: A pair of black mitts left in the office last week. Please claim at the office.

ROMS SPORTS:

Congratulations to ROMS Team 1 for their big wins yesterday. The Girls continue to be undefeated in league play. Next week is the last league matches. ROMS will be hosting the championships in two weeks. Go Eagles.

Congratulations to all grade 8 girls teams on their games last night. Both teams battled hard and played well. Great job girls!

Reminder to Mr. Kenny's Gr 8 boys team of your practice at Lunch recess today, and also to Ms. Robson's and Mrs. Blaikie's grade 7 girls team of your practice also at lunch recess today.

Next week's practice schedule for all teams will be posted on the ROMS Athletics web page by tomorrow afternoon. Also, the playoff schedule for all competitive teams will be posted soon on lowerislandshoolsports.ca soon, so be sure to take a look frequently.

Athletic Leadership:

Reminder to grade 8 Athletic Leadership students of your meeting today during advisory in the gym.

ROMS TV Announcements

Good afternoon Royal Oak! Here are the News stories you have been waiting for. Today is Thursday, February 23 and here is what is happening at 751 News! .

Do you know a group of frogs is called an army

Did you also a group of rhinos is called a crash

1) **Today's weather** calls for sunny skies and a high of 6 degrees. YES! The forecast tells us that we will have rain clouds tomorrow with a temperature of 5 degrees.

2) **Health Fact:**

An hour's sleep could make you happier than \$60,000

What would it take to make you happier? A better job? A larger salary? Well, according to a US study by psychologist Daniel Kahneman and his colleagues, an increase in household income actually has little effect on your daily mood. In fact, the study suggests that getting one extra hour of sleep each night does more for your daily happiness than a \$60,000 raise

3) Feb 23, that's today, the judges have been out checking the school grounds. The hallway with the cleanest outdoor zone is _____

4) Gr 8's. The Ski trip is full speed ahead. See Mr. Kenny ASAP for details

5) Grade 8's! The Yearbook wants your baby photo! Email your photo to Ms.C

6) The World Famous Royal Oak Talent show will be March 3. ! Talk to Ms Espedido if you are interested.

7) Plastic! Remember to reduce your consumption of plastic items and plastic bags! We know from our assembly the concerns with plastic in our environment. Use reusable containers.

9) Grade 8's - reminder that Claremont will be here today to give out course selection forms. Be sure to get them filled out, signed and back to your homeroom teacher.

10) Pink Day was a big success. Was great to see so many of you wearing Pink! Well done RO for doing the right thing.

11) **And for today's joke of the day:**

Q: Did you hear about the race between the lettuce and the tomato? A: The lettuce was a "head" and the tomato was trying to "ketchup"!

That concludes our TV news cast! Please join us tomorrow for further breaking news stories here on 751 News!

Thanks for making ROMS TV your #1 station! If it is happening, it is here on 751 TV

PARENT REVIEW:

Notice of School Board Public Budget Meeting - Tuesday February 28, 2017 @ 7:00 pm at Bayside Middle School. Everyone Welcome!

Attention Grade 8 Parents:

Claremont Parent Course Selection Information Night

Current Grade 8 Students Transitioning to Claremont for Grade 9 in September

Information Night

February 23, 2017

7:00-8:00 pm @ Claremont

Claremont Counsellor Appointments

Gr 8 Parents wishing to meet with a Claremont Counsellor with questions and concerns regarding academic pathways, course selection and class placement may book an appointment to meet with a Claremont Counsellor on March 1 or March 2 between 8:30 am and noon. Appointments will be held at Royal Oak Middle School and can be scheduled by contacting Donna Punt at 250-479-7128 Extension 452 or emailing your request for an appointment to dpunt@sd63.bc.ca Please ensure that you provide your student's name & Division your name and contact information. Thank you!

****Please note that Claremont Counsellors will be visiting Royal Oak Middle School on February 23 between 9:00 and 11:23 am to hand out Course Selection Forms to Grade 8 students.**

Claremont will be hosting a Parent Information Night that evening from 7:00-8:00 pm to discuss the process and provide additional information on course selection and Claremont Sports Institute and Pursuit Of Excellence programs.

Remember to visit our school website for current information royaloak.sd63.bc.ca

Re: Student Absences or Late

If you know your child will be late or absent please remember to let the school and teachers know ASAP via: email: <mailto:romsafearrival@sd63.bc.ca> or call: 250-479-0999 (24 hours per day)