



Monday, January 23, 2017

Morning Radio News @ 9:05 am

Band:

Reminder to all Band students that there is a workshop during Block 2 today in the MPR. Please check in with your Block 2 teachers then go straight to the MPR.

Games Club: The Games Club will be meeting in Room 125 at 1:16 pm.

Canteen Tuesday: On sale at recess -chocolate chip cookies, smoothies and mac and cheese.

Conversation and Activities Club: Please join us for Conversations Club today in room 227. Meet new friends, learn about other cultures, and practice your English. All Royal Oak students are welcome to join us. Please see Ms. Beristain in room 219 for more information.

Clay Club:

Clay club will be starting soon on Fridays! If you are interested please pick up a form from Ms. Kardash room 123....and get it signed and return it asap. It will start on Jan 27th! First come first served!

ROMS SPORTS:

Volleyball: This week's practice schedule can be viewed on the ROMS Athletics webpage, accessible through the Royal Oak website. Click on the eagle head logo to view.

Games start this week for all competitive teams so please review the game schedule on lowerislandschoolsports.ca.

Playing today is the grade 8 boys competitive team at Journey Middle School. There will be a meeting for all grade 8 boys on this team at morning recess to confirm transportation to the game.

Practicing this afternoon is Ms. McManus' grade 8 girls team.

Monday's ROMS TV Announcements

Good afternoon Royal Oak! Here are the News stories you have been waiting for. This is 751 News and Today is [Monday, January 23 rd](#)

Do you know how to eat Kiwifruit?

The answer is: *WHOLE!* The skin is actually quite edible - much like the skin of a peach - and very high in fibre, nutrients, and vitamins. Please encourage the students to eat the kiwifruit whole by eating around it like an apple; it does not need to be peeled prior to consumption.

Did you also know that Donald Trump is the USA 45th president?

- 1) Today's weather calls for some sun but mostly cloudy skies and a high of 7 degrees. The forecast tells us that we will be having full sun tomorrow with a high of 8 degrees! We like the sun!
- 2) Ms. Mah's Boston terrier puppy was very naughty on the weekend. He chewed up Ms. Mah's favourite slippers. Naughty puppy!!!
- 3) Reminder to students that January 30 is a non instructional day. So no school for students - how nice!!
- 4)Reminder, it is expected that all students get their coats on and head on outside for fresh air and exercise during lunch activity time.
- 5) Taking photos and videos at Royal oak is not allowed unless you have clear permission from the

classroom teacher.

6) Classes can expect Kiwi fruit to be delivered this week.

6) And for today's joke of the day:

Why can't a bike stand up on it's own? Because it is two tired

That concludes our TV news cast for today! Please join us tomorrow for further breaking news stories here on 751 News!

Thanks for making ROMS TV your News station! If it is happening, it is hear on 751 TV

PARENT REVIEW:

A reminder to Parents that January 30th is a Non Instructional Day and classes are not in session.

Yearbook Orders: The 2016/2017 ROMS Yearbook is now available for Pre-Order! Yearbooks are 128 full colour pages with over 2,000 images from athletics, events, and many memories! Last year's book sold out in June so please be sure you pre-order and guarantee yourself a book delivered directly to your homeroom in June! The cost of this year's book is \$38. Grade 8 students have until March 10th to email a baby photo to Miss Cottier (ecottier@sd63.bc.ca).

Remember to visit our school website for current information royaloak.sd63.bc.ca

Re: Student Absences or Late

If you know your child will be late or absent please remember to let the school and teachers know ASAP via: email: <mailto:romssafearrival@sd63.bc.ca> or call: 250-479-0999 (24 hours per day)

PAC Review:

A reminder to Parents of the 2017 Vancouver Island Parent Conference to be held on February 25, 2017 from 8:30 am to 4:00 pm at Royal Bay Secondary School in Colwood. Please see our School Calendar of Events on our main school website for further details.