

# 'in the know'



'in the know' is a monthly networking and information sharing session that provides a topic expert on what parent/caregivers really want to know.

This is an opportunity to share so that everyone is 'in the know'.

Sessions are provided as a webinar through home internet and group viewings and are available in participating communities or with special speakers at community locations

See [www.forcesociety.com](http://www.forcesociety.com) for locations

**All Welcome!**

## VICTORIA COMMUNITY SITE & PARENT INFORMATION & NETWORKING SESSION

Bell Irving Room - Saanich Neighbourhood Place in Pearkes Rec. Center - 3100 Tillicum Rd, Victoria

[Click here for map](#)

### “ Video gaming, social media misuse, and other related digital addictions among 8 to 25 year-olds”

presented by Benjamin Wong –

**Clinical counsellor with Richmond Addiction Services Society**

By briefly presenting the assessment, treatment, and prevention of problem video gaming, social media misuse, and other related digital addictions among 8 to 25 year-olds, this presentation discusses the impact of our technophilic culture on child development, more precisely brain development. Insight on how we can minimize the negative impact our technophilic culture can have on infants, children and adolescents, as well as managing and understanding assistive technologies in education, will be discussed.

**Date: Monday, May 11, 2015 - Time: 7:00pm – 9:00pm**

7pm Doors open and Webinar viewing starts followed by discussion and sharing

For more information and other topics go to [www.forcesociety.com](http://www.forcesociety.com)

Please RSVP your attendance by email to [lisat@forcesociety.com](mailto:lisat@forcesociety.com) or phone 1.855.887.8004

Presented by: The F.O.R.C.E. Society for Kids' Mental Health; a member of the BC Partners for Mental Health and Addictions Information.

We're working together to help individuals and families better manage mental health and substance use problems. Funding provided by the BC Mental Health and Addiction Services, an agency of the Provincial Health Services Authority and by the BC Ministry of Children & Family Development In collaboration with the Kelty Mental Health Resource Centre