

# 'in the know'



'in the know' is a monthly networking and information sharing session that provides a topic expert on what parent/caregivers really want to know.

This is an opportunity to share so that everyone is 'in the know'.

Sessions are provided as a webinar through home internet and group viewings and are available in participating communities or with special speakers at community locations

See [www.forcesociety.com](http://www.forcesociety.com) for locations

**All Welcome!**

## VICTORIA COMMUNITY SITE & PARENT INFORMATION & NETWORKING SESSION

Bell Irving Room - Saanich Neighbourhood Place in Pearkes Rec. Center - 3100 Tillicum Rd, Victoria

[Click here for map](#)

## “A Celebration of the Adolescent Brain”

presented by **Dr Carol-Ann Saari** -

Dr. Saari is a child and adolescent psychiatrist, medical director of the Provincial Youth Concurrent Disorders Program and current President of the BC Psychiatric Association.

Our webinar is a look at adolescent brain development and how it impacts attitudes, behaviours, emotions, relationships, and risk taking and what parents can do to support their youth

**Date: Monday, April 20, 2015 - Time: 6:45pm – 9:00pm**

6:45 pm doors open 7pm Special speaker, discussion and sharing

For more information and other topics go to [www.forcesociety.com](http://www.forcesociety.com)

Please rsvp your attendance by email to [lisat@forcesociety.com](mailto:lisat@forcesociety.com) or phone 1.855.887.8004

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Presented by: The F.O.R.C.E. Society for Kids' Mental Health; a member of the BC Partners for Mental Health and Addictions Information.

We're working together to help individuals and families better manage mental health and substance use

problems. Funding provided by the BC Mental Health and Addiction Services, an agency of the Provincial Health

Services Authority and by the BC Ministry of Children & Family Development In collaboration with the Kelty Mental Health Resource Centre