



Boys & Girls Club  
Services of Greater Victoria  
A good place to be

## PARENTING PROGRAMS WINTER/SPRING 2015

### EVENING COMMUNITY WORKSHOPS Boys & Girls Club Services of Greater Victoria West Shore Community Club 345 Wale Road, Victoria - **New Location!**

Boys & Girls Club Services of Greater Victoria, Parenting Programs, present workshops for:  
Parents & Caregivers of Children and Youth, age 8-18.

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#### Step Parenting – Blending Families for Today

What is life really like in a stepfamily? Would you like the opportunity to understand and strengthen your relationships within your blended family? Making those connections within the stepfamily can help with all family issues. What can you do to promote building relationships? Lots of tips and tools to increase your attachment with each child / youth!

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|-----------|---------------|--------|--------|
| Wednesday | 6:30 – 8:30pm | Mar 25 | 1/\$15 |
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#### Are They Talking? Are You Listening?

Join the conversation about 'Connecting Through Communication' with your child / youth. What are the key components to continue building on the strong attachment based relationship you have created with your children? Let's talk and listen to understand with compassionate communication!

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| Wednesday | 6:30 – 8:30pm | Apr 29 | 1/\$15 |
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**Registration:** Boys & Girls Club Services of Greater Victoria  
Reception – 250.384.9133; ext 0  
Subsidies are Available – Please Inquire  
\*\* Must pre-register as seating is limited! \*\*

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### SUPPORTING PARENTS IN RAISING THEIR FAMILIES HELPING PARENTS AND YOUTH GROW TOGETHER



*Funding for Parenting Programs Evening Community Workshops is supported by United Way of Greater Victoria.*

For more information:  
Jan Townsend - 250.217.4929 | [jtownsend@bgcvc.org](mailto:jtownsend@bgcvc.org)  
A full description of Parenting Programs offerings can be found on our Website:  
[www.bgcvc.org](http://www.bgcvc.org)