



ROMS students want our school community to:

LOOK LIKE

Clean walls and stalls; sanitary throughout
No bullying, peaceful, and happy
Sports and activities going on
A social, fun place to be in
Garbage/litter-free, a green school, Eco-friendly
Vandalism free
Substance and alcohol free

SOUND LIKE

Peaceful and quiet during appropriate times
Calm in hallways
A fun and safe environment
No rumors being spread; no gossip
Positive attitudes from each and every person
Supportive comments instead of gossip
No swearing; only respectful and positive language

FEEL LIKE

Calm, comfortable, secure, friendly, and joyful
Mutual respect
A fun and safe environment
A positive and friendly school where people
can be themselves
Open to new thinking
A school where everyone belongs

WHAT WE WILL DO TO MAKE THIS HAPPEN

Welcome new students and teachers
Respect others and property
Help others, include everyone
Work hard at school
Make the school feel like home to everyone
Help others, and be a friend
Reduce, reuse, recycle
Treat others the way we would want to be treated



Restorative Process

Making It Right

1. What happened?
2. What were you thinking/feeling at the time?
3. What are you thinking/feeling now?
4. Who has been affected by what you have done?
In what ways?
5. What do you need? (see Basic Needs Circle)
6. What are you going to do to make things right?
7. Why is this a better plan?

Basic Needs Circle



Glasser, W. (1988) Choice Theory



The "I" Message Formula

1. I feel _____
(name the feeling).
2. When _____
(describe the situation or behaviour).
3. I need or I wish _____
(state what you need to make things better).

Conflict Resolution - Talking it Out

When a problem needs to be solved

Steps

1. Agree to the ground rules of discussion.
2. Use "I" message to say what happened.
3. The second person re-states the problem for the first person.
4. Switch roles. Repeat 2 and 3.
5. Suggest possible solutions.
6. Develop an agreement that is specific, balanced and realistic.

Gibbs, J. (2001) *Discovering Gifts in Middle School Tribes*